



ONE MONTH COUNTDOWN!

June 5-11, 2023

Happy Birthday Bike Week! Come ride and get happy with us!

[Visit our Website](#)



BIKE WEEK TURNS 10!

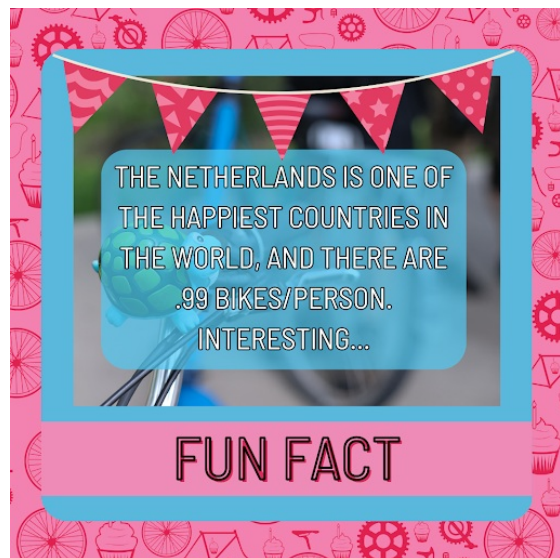
Bike Week is turning TEN this year! We are planning to have birthday themed parties throughout the week for all to attend!

Here are just a few of the exciting events coming your way:

- Bike To Work Day, **presented by Tire Stewardship Manitoba**: June 5th 6:30-9:00am. Click [HERE](#) to see the Pit-Stop Map
- All Day Pit-Stop at The Forks, **presented by Manitoba Public Insurance**: 9:00am-2:00pm **at The Forks**
- Group rides all week
- Online digital offerings
- Contests and prizes
- Bike Week's Birthday Bash on Sunday, June 11th - (details to come!)

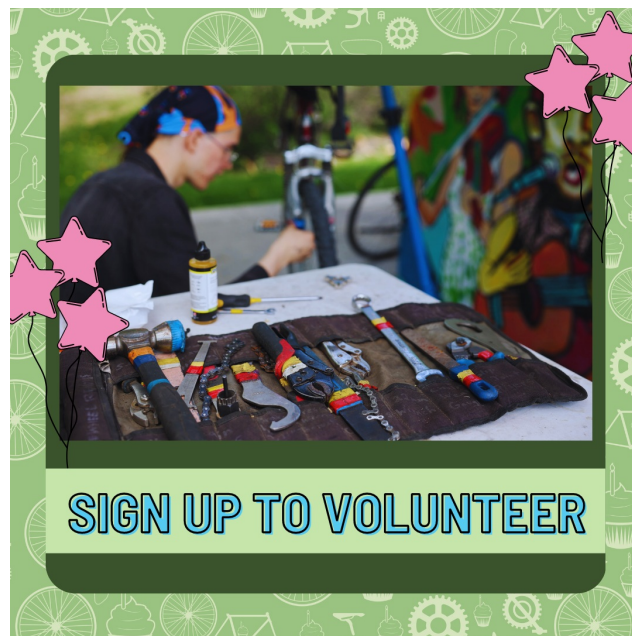
FUN FACTS

We've been doing a lot of research on how biking makes you happy - here are some facts we've gathered!



Follow us on social media @bikeweekwinnipeg to stay tuned for more HAPPY content!

BIKE WEEK LOVES TO WORK WITH YOU!



We are looking for volunteers, in particular bike mechanics! Repairs are based on your own comfort level and skills and mostly include minor things such as pumping tires and lubing chains. (lube provided). To volunteer please click [HERE](#)!

Community News

THE WRENCH BIKE BAZAARS

A WRENCH Bike Bazaar is a community bike event that includes:

- A kid's bike giveaway (free/by donation). The WRENCH will provide up to 30 bikes for giveaway to children under age eight, as well as helmets, lights and locks.
- A kid's bike exchange (free/by donation). The WRENCH will take bikes that children have grown out of and exchange them for a better fit. Discarded bikes will go back to the WRENCH Shop for a tune up and be recycled out to the next Bike Bazaar.

- An adult bike sale. The WRENCH will bring lower priced adult bikes for purchase.
- A pop up repair stand for by-donation repairs

Click [HERE](#) for Bike Bazaar dates and locations.

BIKE FOR THE FUTURE RIDE

The first Bike for the Future Ride in May 7 at 1 pm- It is a ride from the Legislature through Wolseley and Osborne. Learn more [HERE](#).

CAA BIKE TUNE UP DAY

It's FREE Bike Tune Up Day! Presented by Bike Winnipeg, W.R.E.N.C.H. and CAA Manitoba, all are invited to bring their bike to Valour Community Centre on May 13 from 9 a.m. – 2 p.m. at 448 Burnell St. and have their bikes tuned up by experts for safe riding this season. (Note: CAA cannot provide parts that may be needed.) Open to everyone!

BIKE WINNIPEG CARGO BIKE AND TRAILER FESTIVAL

Join Bike Winnipeg for a viewing of the award-winning documentary -*Motherload* - that uses the cargo bike as the vehicle for exploring parenthood in this digital age of climate change. They will also have cargo bike and trailer demos. For more info, click [HERE](#).

BIKE TO WORK DAY CANADA IS MAY 19

Join cyclists across Canada as we hop on our bikes and ride to work. A great warm up for Winnipeg's Bike to Work Day on June 5!

COMMUTER CHALLENGE WITH GREEN ACTION CENTRE

Registration is now open for The Commuter Challenge which runs June 4 to 10. Sign up with your workplace, with a team of friends or participate by yourself. Click [HERE](#) to learn more.

THANKS TO OUR SPONSORS FOR THEIR SUPPORT



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Bike Week Winnipeg | c/o Green Action Centre, 3rd Floor 303 Portage Avenue, Winnipeg, R3B 2H3 Canada

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