



## Still lots of Bike Week rides ahead!

---

We hope that you have enjoyed our first ever Virtual Bike Week Winnipeg so far and we have more great activities throughout the rest of the week. We also have some great resources to help Winnipeggers get on their bikes including:

- [An ABC Quick Check video](#) to make sure your bike is ready to ride
- [A video to help you get limbered up for that bike ride or stretch out afterwards](#)
- [Bike Week Bingo](#)
- [Route planning](#)
- And prizes!

Make sure to share your Bike Week experiences on social media using [#BikeWeekWPG](#) to win a prize.

---



---

## Events

### **June 11th - Family Ride Day**

It's a great time to get out and ride with your family. You could also use the opportunity to ride your bike to go visit family by bike. We have seen car processions visiting family so why not make it a bicycle procession. Go see your parents or your grandparents. Take the kids to see their grandparents. A ride by can be far more intimate than a drive by and more fun too!

Not sure how to get there by bike? [Check out our new recommended bike routes and route planning mentorship program.](#)

### **June 12th - Bike to Strike Day**

Heading to the [Fridays for Future](#) climate strike? Why not ride your bike for the climate as well.

### **June 13th - Bike to Small Business Day**

Supporting local businesses is more important than ever and we want to encourage Winnipeggers to show that support by bike. You will not only be supporting that business but you will also be showing the owners that people on bikes support them.

We also have a special prize for people supporting local businesses. Post your

photos/videos of your ride or arrival at that local business on social media using both **#BikeWeekWPG** and **#SmallBusinessSaturday** or sending your photos/videos directly to [info@bikeweekwinnipeg.com](mailto:info@bikeweekwinnipeg.com) to qualify for a \$25 gift card to the local Winnipeg business of your choice!

## June 14th - Bike Somewhere New Day

As we wrap up Bike Week go wherever you choose by bike. Challenge yourself to ride somewhere new or ride somewhere you have wanted to go to for a while. Go and visit a part of the city you have never been to by bike before.

No specific place in mind? Why not **check out our recommended bike routes** and see if one of them can take you somewhere new or check out some of the bike infrastructure in our city. Check the **City of Winnipeg Bike Map** for more information.

Visit [bikeweekwinnipeg.com/events/](http://bikeweekwinnipeg.com/events/) for complete event details.

---

## Bike Week Bingo

Are you already taking part in our Bike Week bingo? Still lots of time to fill in those squares.

Download your bingo sheet here: [bikeweekwinnipeg.com/bike-week-bingo/](http://bikeweekwinnipeg.com/bike-week-bingo/)

---

## Win \$50 for your local bike shop!

Share your experiences on social media to qualify to win a \$50 gift card to the bike shop of your choice. Post your photos/videos to **#BikeWeekWPG** or send them directly to [info@bikeweekwinnipeg.com](mailto:info@bikeweekwinnipeg.com).

---



## What else is going on?

### **Ride Don't Hide**

Bike Week is a proud supporter of Ride Don't Hide, a nationwide fundraising bike ride that brings mental health out into the open. Join us on June 21 for a virtual nationwide community bike ride that brings mental health into the open while raising essential funds for mental health initiatives. Visit: [Ride Don't Hide Manitoba](#)

### **Winnipeg Trails**

Winnipeg Trails would like to see Open Streets stay open longer than the plan closure date of July 7. **Read their petition:** [winnipegtrails.ca/petition-to-keep-open-streets/](http://winnipegtrails.ca/petition-to-keep-open-streets/)

### **Love 30 on 30**

June 30 is the 2<sup>nd</sup> monthly Love 30 on 30 which is a movement inspired by Love30 Canada. Join neighbourhoods across the city and show your support for 30km/h safe vehicle speeds in Winnipeg. On the 30th of every month you can join in and help to make Winnipeg streets safer by for everyone using the space on your street to draw Love30 logo with chalk, put out planters or garden boxes, or even have an informal block party. Have fun, and get creative! Learn more at <https://www.love30on30.org/>



*This year's programming takes into consideration the well-being of our communities and the [health recommendations of the Province of Manitoba](#) to ensure all participants can enjoy biking to the fullest. We are prepared to make adjustments to our programming to maintain the health and safety of our participants.*

**Thank you to our Champions!**

**Virtual Bike Week sponsor, The City of Winnipeg  
Virtual Bike to Work Day sponsor, Assiniboine Credit Union**



Bike Week Winnipeg | [Email](#) | [bikeweekwinnipeg.com](http://bikeweekwinnipeg.com)

STAY CONNECTED

