



Bike Week Goes Virtual!

Bike Week Winnipeg is just around the corner: June 8th - 14th, 2020

With more Winnipeggers biking than ever before, we didn't want to cancel the city's favourite week. But, we are going to run things a little bit differently...



Photo by Sarah E Photography

Mark your calendars for virtual events

June 8th - Assiniboine Credit Union Bike to Work Day -Just like the name suggests, ride your bike to work to start off the week. Not working or working from

home? Try practicing your bike route to work or bike the equivalent distance.

June 9th - Ride to the Park - Ride to a nearby park to enjoy fresh air, nature, and the extensive trail network we have in Winnipeg. See [Winnipeg Trails](#) to find the many fun and safe trails not only through the parks, but through other wonderful areas of our city.

June 10th - Bike to Takeout Day - These are trying times for many restaurants, which is why Bike Week is encouraging Winnipeggers to support local restaurants by biking to pick up takeout. Use #BikeWeekWPG and #TakeOutDay on social media to show local restaurants that people on bikes are behind them.

June 11th - Family Ride Day - Go for a ride with your family or to visit family/friends from a safe distance. Why not consider a ride-by rather than a drive-by?

June 12th - Bike to Strike Day - If you're taking part in a [Fridays for Future](#) climate strike, whether online or from a safe distance, we encourage you to ride your bike for the climate.

June 13th - Bike to Small Business Day - Supporting local businesses is more important than ever. Ride to your favourite local business, take a photo with your bike and share it to social media using #BikeWeekWPG & #SmallBusinessSaturday. It is a great way to let business owners know that people on bikes support their small businesses!

June 14th - Bike Somewhere New Day - After a fun week of cycling, challenge yourself by cycling somewhere new! Pick a new route, visit a new part of the city, and discover all that Winnipeg has to offer. If you need help finding somewhere new to ride, reach out to our team of route planners or check out the [City of Winnipeg Bike Map](#).

Check out the [events page](#) for more details.

Plan your Routes (we can help!)

To help you get ready to ride during Bike Week, check out our new recommended bike routes and route planning mentorship program.

We've put together some popular routes - check them out and see if they match with where you want to go. Don't see your route or have questions about how to get from a more unique A to B? Fill out our form with your destinations and we'll respond with a suggested route.

See [our website](#) for all of the details.



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Qualify for Prizes!

With support from **Assiniboine Credit Union**, our Virtual Bike to Work Day Sponsor, we are thrilled to offer prizes for Bike Week Winnipeg participants.

#BikeWeekWPG - Take part in the Bike Week Winnipeg programming throughout the week by posting your photos/videos to social media using #BikeWeekWPG or sending your photos/videos directly to info@bikeweekwinnipeg.com to qualify for a \$50 gift card to the bike shop of your choice

You can qualify for additional prizes by participating in our theme days:

#TakeOutDay - Take part in our Take Out Day by posting photos/videos to social media using both #BikeWeekWPG and #TakeOutDay or sending your photos/videos directly to info@bikeweekwinnipeg.com to qualify for a \$25 gift card to the local Winnipeg restaurant of your choice!

#SmallBusinessSaturday - Take part in our Small Business Saturday event by posting photos/videos to social media using both #BikeWeekWPG and #SmallBusinessSaturday or sending your photos/videos directly to info@bikeweekwinnipeg.com to qualify for a \$25 gift card to the local Winnipeg business of your choice.

Upcoming partner events

If you'd like to take part in other activities related to biking, check out these upcoming events being put on by our Bike Week partners.

May 27th - Post-Pandemic Commuting Webinar - Green Action Centre

What will commutes look like post-pandemic? Join the sustainable transportation team at Green Action Centre for a presentation on nudging sustainable commuting

habits post-pandemic. [Register here.](#)

May 30th - Love 30 on 30 - Safe Speeds Winnipeg

Love30on30 is a show of support for safespeeds on the 30th of every month. This movement started amid the COVID-19 pandemic of early 2020, the goal is reducing the default speed limit of 50km/hr to 30km/hr speed making streets safer, more active and healthier.

May 31st - June 6th - Commuter Challenge - Green Action Centre

Take on the sustainability challenge by registering with your workplace or as an individual. Take sustainable trips to work, to essential services, or for leisure activities, then log your kilometres online to qualify for prizes! [Register to take on the challenge here.](#)

June 3rd - Clean Air Day - Green Action Centre

A day for kids (and adults too) to spend time outdoors, celebrate active transportation, and learn how air quality impacts our health and environment. [Register for Clean Air Day here.](#)

June 15 - 21 - Virtual Ride Don't Hide + Spirit Week - Canadian Mental Health Association

Ride Don't Hide will be virtual this year. In addition to a virtual ride, they are planning "[Spirit Week](#)"- six days of free online programming for all ages promoting mental wellbeing and raising money for CMHA's growing number of virtual programs since the COVID-19 pandemic. Register to ride [here](#) and watch as they unveil Spirit Week.

This year's programming takes into consideration the well-being of our communities and the [health recommendations of the Province of Manitoba](#) to ensure all participants can enjoy biking to the fullest. We are prepared to make adjustments to our programming to maintain the health and safety of our participants.

Thank you to our Champions!

Virtual Bike Week sponsor, The City of Winnipeg
Virtual Bike to Work Day sponsor, Assiniboine Credit Union



Bike Week Winnipeg | [Email](#) | bikeweekwinnipeg.com

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